

Walk Safely on Ice

The Yaktrax Pro will instantly give you better traction, confidence and safety on packed snow or ice. Move about naturally with the same solid grip that you are accustomed to on dry surfaces. Walk or run as you normally would and experience stability on ice and snow like you have never felt before. Can be purchased at an outdoor retailer near you, including Dick's Sporting Goods. www.yaktrax.com. \$29.95

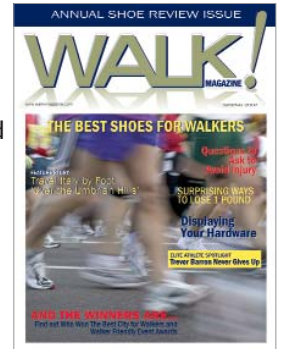


WALK! Magazine Subscription or Shirt

What walker wouldn't like a year's subscription or a great wicking shirt from WALK! Magazine.

As all you readers already know, **WALK! Magazine** is the only international magazine for all walkers. Order online and use the code word "gift" to get the second year at half price.

These great shirts feature the magazine logo on the front with our favorite quote on the back, "Why run slow when you can **WALK** really fast!"



These wicking shirts are now supplied by sport science! They feel soft like well-worn cotton, but will keep you cool and dry.

T-shirts are \$22.00 each, ladies tanks are \$18.00.

store.walk-magazine.com/index.html

Gift Certificates

We aren't talking your run-of-the-mill gift certificates to your local audio store, we are recommending gift certificates walkers will love and use!



A Pedicure

After months of training, any walker would appreciate a pedicure and foot massage. (Wait until after the big event to prevent getting new blisters.) Prices starting at \$20.00. Contact a local manicurist for details.



A Massage

What would be better than full body massage. Studies show that a sports massage can heal both the body and the mind. Average price for a one-hour massage about \$75.00.



Race Entry

What a great way to keep your favorite walker motivated-pay the entry fee in a great event! Whether it is a local 5K or a marathon in a great location, this is one gift that will not be returned. Prices can range from \$20.00 to over \$100.00.